

Fredericks Restaurant Table d'hôte Menu

Chef's Soup of the Day © (V) (9)

Warm Tartlet of Pork Cheek & Smoked Bacon (1,4,11,14)

Turnip Purée and Honeyed Wholegrain Mustard
Apple and Water Cress Salad

Chicken Liver Pate (1,4,7,9,14)

Madeira Jelly, House Pickles, Sourdough Crostini

Vanilla & Irish Whiskey Cured Salmon (8,14)

Cucumber Ketchup and Compressed Water Melon

Irish Goats Cheese Bruschetta (V) (1,4,14)

Tomato, Red Onion & Herb Salsa, Dressed Leaves
Black Olive Tapenade

Spring Salad © (2,3,4,14)

Mixed Leaves, Broccoli, Sweet Potato Quinoa, Spiced Nuts
Dried Cranberries Feta Crumb, Dressed with a Raspberry Vinaigrette

Warm Chicken, Bacon and Egg Salad (1,7,11,14)

Baby Gem Leaves, House Dressing, Croutons

(V) Suitable for Vegetarians

© Suitable for Coeliac

Check with Server

€39.00

Allergens Index

- (1) Cereals containing Gluten. (2) Peanuts (3) Tree Nuts
(4) Milk (5) Crustacean's (6) Molluscs (7) Eggs (8) Fish
(9) Celery (10) Lupin (11) Mustard (12) Sesame Seeds (13) Soya
(14) Sulphur Dioxide

24 Hour Braised Feather Blade of Irish Beef © (4,9,13,14)

Roasted Seasonal Vegetables, Creamed Potato
Butternut Squash Purée, Star Anise Jus

Crispy Pork Belly © (4,9,13)

Caramelised Pear, Honey Glazed Carrots, Jus, Creamed Potato

Roast Breast of Chicken © (4,11,14)

Smoked Bacon, Creamed Potato, Mushroom Cream Sauce
Roasted Seasonal Vegetables

Pan Roasted Fillet of Hake © (4,8,9,13,14)

Bean & Spicy Sausage Cassoulet, Creamed Potato

Poached Sea Trout Fillet © (4,8,14)

Roasted Seasonal Vegetables, Creamed Potato
Chive & White Wine Cream Sauce

Vegan Vegetable & Coconut Curry (V) (1,2,3,14)

Chick Peas, Spicy Nuts, Coriander, Mint
Basmati Rice and Naan Bread

Sides of Potato & Vegetables €1.50

Creamed Potato €2.50

Seasoned French Fries €1.50

Death by Chocolate (1,4,7,14)

Mint Ice Cream, Chocolate Sauce

Mixed Berry & Apple Crumble (1,4,7,14)

Vanilla Ice Cream, Crème Anglaise

White Chocolate Cheese Cake (1,4,7)

Chocolate Sauce, Berry Compote, Vanilla Ice Cream

Sticky Toffee Pudding (1,4,7,14)

Vanilla Ice Cream

Selection of Irish Farm House Cheeses (1,4,14)

Bellingham Blue, St Kevin's Brie, Boille Goats Cheese, Hegarty's Cheddar
Savoury Crackers (€5.00 Supplement)