

Frederick's Early Bird Menu



Chef's Soup of the Day © (V) (1,9)

Poached Pear and Irish Blue Cheese Salad (4,14,2,3)

Candied Walnuts, Red Chicory and Maple Vinaigrette

Chicken Liver Pate (1,4,7,14)

Homemade Apple and Date Chutney & Country Bread

Warm Chicken, Bacon & Egg Salad (14,7,11,1,7)

Dressed Baby Gem Salad, Croutons & House Dressing, Parmesan Shavings



Poached Breast of Chicken (14,1,4,9)

Smoked Bacon & Chestnut Mushroom Cream Sauce, Spring Onion

24 Hour Braised Feather Blade of Irish Beef © (4,9,13,14)

Glazed Pear; Onions, Garlic Mushrooms, Peppercorn and Brandy Cream

Chicken, Coconut & Chickpea Curry (1,9,13)

Chicken, Chickpea & Coconut Curry, Basmati Rice & Naan Bread

Vegan Vegetable & Coconut Curry (V) (1,9)

Garlic and Coriander, Basmati Rice & Naan Bread

Steamed Fillet of Smoked Haddock © (4,8,14)

Buttered Leeks and Caper Beurre Blanc



Warm Pear and Almond Tart (1,2,3,4,7,14)

Irish Whiskey and Orange Glaze, Vanilla Ice-Cream and Custard

Baked Salted Caramel and Meringue Roulade (1,2,3,4,7,14)

Chantilly Cream, Hazelnut Praline and Shortbread Cookie

Selection of Ice-Cream (1,2,3,4,14)

with Cookie Crumb & Fruit Coulis

Profiteroles (1,2,3,4)

with Chantilly Cream, Toffee & Chocolate Sauce

(V) Suitable for Vegetarians

© Suitable for Coeliac - Check with Server

€32.00pp

Allergens Index

(1) Cereals containing Gluten. (2) Peanuts (3) Tree Nuts (4) Milk (5) Crustacean's (6) Molluscs (7) Eggs (8) Fish (9) Celery (10) Lupin (11) Mustard (12) Sesame Seeds (13) Soya (14) Sulphur Dioxide