

Fredericks Restaurant
Table d'hôte Menu

Chef's Soup of the Day © (V) (4,14)

Chilled Melon (4,14)

Mozzarella, Cherry Tomato & Basil Salad

Chicken Liver Pate (1,4,7,14)

Redcurrant Jelly, Dill Gherkins & Country Bread

House Cured Irish Salmon (8,14)

Fennel & Citrus Salad

Escabeche of Mediterranean Vegetables (V) (1,4,14)

Goats Cheese Mousse, Black Olive Paint & Crostini

Spring Salad © (V) (2,3,14)

Baby Mixed Leaves, Rocket & Spinach, Broccoli, Sweet Potato, Quinoa,
Spiced Nuts, Dried Cranberries, Blueberries, Dressed with Chunky Raspberry
Vinaigrette

Crispy Bacon & Egg Salad (1,7,11,14)

Dressed Baby Gem Leaves, Croutons & House Dressing, Parmesan Shavings

(V) Suitable for Vegetarians

© Suitable for Coeliac

Check with Server

€42.00

Allergens Index

- (1) Cereals containing Gluten. (2) Peanuts (3) Tree Nuts
(4) Milk (5) Crustacean's (6) Molluscs (7) Eggs (8) Fish
(9) Celery (10) Lupin (11) Mustard (12) Sesame Seeds (13) Soya
(14) Sulphur Dioxide

24 Hour Braised Feather Blade of Irish Beef © (4,9,13,14)

Butternut Squash Purée Star Anise Jus & Creamed Potato

Spiced Fillet of Salmon © (4,8,9,13,14)

Balsamic Glazed Onions, Sauce Vierge

Garden Peas & Creamed Potato

Confit Leg of Duck © (4,9,14)

Braised Red Cabbage, Red Current Jus & Creamed Potato

Grilled Aubergine & Courgette Rollmops © (4,9,13,14)

Red Onion Jam, Halloumi & Spiced Tomato Sauce

(Tofu Vegan Option)

Steamed Fillet of Smoked Haddock © (4,8,14)

Brunoise Vegetables, Dill & White Wine Cream Sauce & Creamed Potato

Vegan Vegetable & Coconut Curry (V) (1,2,3,14)

Chick Peas, Spicy Nuts, Coriander

Basmati Rice & Naan Bread

All Served with Seasonal Vegetables

Extra Sides: Creamed Potato €3.50 Seasoned French Fries €3.50

Rich Chocolate Marquise (1,2,3,4,7,)

Served with Raspberry Sorbet, Chocolate Sauce

Warm Pear & Almond Tart (1,2,3,4,7,14)

Irish Whiskey & Orange Glaze

Vanilla Ice-cream & Orange Scented Custard

White Chocolate & Raspberry Cheesecake (1,2,3,4,7)

Fruit Coulis & Textured White Chocolate

Baked Salted Caramel & Meringue Verrine (1,2,3,4,7)

Cream Chantilly, Hazelnut Praline & Short Bread Cookie

Selections Of Ice-creams (1,2,3,4,14)

With Cookie Crumb & Fruit Coulis

Selection of Irish Farm House Cheeses (1,4,14)

(€5.00 Supplement)