

# THE AARON LOUNGE



**BAR MENU SERVED FROM 12:30PM-9:00PM DAILY**

## STARTERS

### **Seasonal Soup of the Day €7.00**

Served with Brown Bread or Roll

*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

### **M. W. Chicken Caesar Salad €14.95**

Baby Gem Lettuce, Bacon, Parmesan, Garlic & Herb Croutons,  
Pine Kernels, Caesar Dressing

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**Main Course Size Available €18.50**

### **Fiery Chilli Pesto Prawn Cocktail €15.95**

King Prawns, Baby Gem, Avocado, Pesto Mayonnaise,  
Brown Soda Bread

*Contains Allergen: Gluten (Wheat), Egg, Shellfish, Mustard, Sulphites*

### **Seafood Chowder €10.50**

Served With Brown Bread

*Contains Allergen: Gluten (Wheat), Milk, Crustacean's, Molluscs, Fish, Celery, Sulphites*

May Contain Bones

### **Vegan Greek Salad €13.00**

Vegan Feta Cheese, Olives, Cucumber, Heirloom Tomato, Romaine Lettuce, Red Onion, Red Peppers

*Contains Allergen: Sulphites*

### **Spicy Free Range Chicken Wings €11.50**

Double Dipped Chicken Wings, Franks Hot Sauce or BBQ Sauce, Blue Cheese Dip, Celery Sticks

*Contains Allergen: Milk, Eggs, Celery, Mustard, Sulphites*

*BBQ sauce Contains Gluten (Wheat), Soya*

**Main Course Size Available €18.50**

## DELI SELECTION

**Smoked Salmon & Leek Quiche €15.50**

Rainbow Slaw, Mixed Leaf Salad

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Fish, Mustard, Sulphites*

**Fresh Water Prawns €15.95**

Dressed in House Sauce, Brown Soda Bread, Mixed Leaf Salad

*Contains Allergen: Gluten (Wheat), Shellfish, Eggs, Mustard, Sulphites*

**Goat's Cheese & Heritage Beetroot Quiche €15.95**

Rainbow Slaw, Mixed Leaf Salad

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**Tomato, Mozzarella & Pesto Tart €16.50**

Rainbow Slaw, Mixed Leaf Salad, Tear Drop Peppers, Balsamic Reduction

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**BLT €14.50**

Crispy Bacon, Lettuce, Tomato, Side Salad, House Chips

*Contains Allergen: Gluten (Wheat), Milk, Mustard, Sulphites*

**Mount Wolseley Club Sandwich €15.95**

Chicken, Crispy Bacon, Lettuce, Tomato, Boiled Egg, Mayo, Side Salad, House Chips

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**Smoked Salmon €15.95**

Smoked Salmon, Brown Soda Bread, Red Onion, Capers, Mixed Leaves

*Contains Allergen: Gluten (Wheat), Milk, Fish, Eggs, Mustard, Sulphites*

**Creamy Beef Pastrami Wrap €15.95**

Pastrami, Cream Cheese, Sauerkraut, Pickle, Mixed Leaves, Rainbow Slaw

*Contains Allergen: Gluten (Wheat), Milk, Mustard, Sulphites*

**Turkey & Guacamole Wrap €14.95**

Turkey, Tomato, Avocado, Cucumber, Chilli, Mixed Leaves, Rainbow Slaw

*Contains Allergen: Gluten (Wheat), Milk, Mustard, Sulphites*

**Chicken Caesar Wrap €14.95**

Chicken, Baby Gem, Croutons, Bacon Lardons, Parmesan, Mixed Leaves, Rainbow Slaw

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

## MAIN COURSES

**Chargrilled 8oz Prime Irish Sirloin Steak €35.50**

Portobello Mushroom, Grilled Tomato, Charred Sweetcorn,  
Glazed Carrot, House Chips  
Peppercorn Sauce or Garlic Butter  
*Contains Allergen: Milk, Celery, Soya, Sulphites*

**Mount Wolseley Irish Beef Burger €22.95**

2 x 4oz Irish Hereford Burgers, Flour Bap, Bacon, Dubliner Cheddar,  
Dijon Mayo, Baby Gem Lettuce, Beef Tomato, House Relish,  
Dill Pickle, House Chips, Side Salad

**Add Spicy Taco Sauce €3.00**

*Contains Allergen: Gluten (Wheat) Milk, Eggs, Mustard, Sulphites*

**Cajun Spiced Chicken Burger €22.95**

Flour Bap, Dill Pickle, Dubliner Cheddar, Marie Rose Sauce,  
Baby Gem Lettuce, Beef Tomato, House Chips, Side Salad  
*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**Grilled Spiced Monkfish Kebab €30.95**

Peppers, Mushroom, Courgette, Basmati Rice, Herbed Yoghurt  
*Contains Allergen: Milk, Fish, Sulphites*

**Pan Seared Cod Fillet €28.50**

Charred Courgette, Sugar Snaps, Pea Puree, Potato Wedges, Tartare Sauce  
*Contains Allergen: Milk, Eggs, Fish, Mustard, Sulphites*

**Vegetable Red Thai Curry (V) €20.50**

Basmati Rice, Naan Bread

*Contains Allergen: Gluten (Wheat), Sulphites*

**Chicken Red Thai Curry €24.50**

Basmati Rice, Naan Bread

*Contains Allergen: Gluten (Wheat), Shellfish, Sulphites*

**Chicken Involtini €25.95**

Fontina Cheese, Parma Ham, Sage, Cherry Tomato, Asparagus, Creamed Potatoes,  
Garlic Olive Oil Dressing

*Contains Allergen: Milk, Sulphites*

**Fresh Egg Garganelli Pasta €23.95**

Chorizo Sausage, Arrabbiata Sauce, Grana Padano Shavings

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Sulphites*

**Gluten Free Pasta option available on request**

**All Main Courses can be made Gluten Free, please inform your server.**

**SIDE ORDERS - €5.00**

**House Chips** *Contains Allergen: Gluten (Wheat), Fish*

**Dressed Side Salad** *Contains Allergen: Mustard, Sulphites*  
**Vegetables**

**Creamy Mash Potato** *Contains Allergen: Milk*

## Pizza

**Margherita Stone Baked 12" Pizza €17.50**

Rich Tomato Sauce, Mozzarella Cheese, Basil  
*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

**Spicy Pepperoni Stone Baked 12" Pizza €18.50**

Rich Tomato Sauce, Mozzarella Cheese, Spicy Pepperoni  
*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

**Cajun Chicken Stone Baked 12" Pizza €18.50**

Rich Tomato Sauce, Mozzarella, Cajun Chicken, Sweetcorn, Red Onion  
*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

## Desserts

**Homemade Black Cherry Cheesecake €8.50**

Morello Cherry Purée, Whipped Cream  
*Contains Allergen: Gluten (Wheat), Traces of Peanuts, Traces of Nuts, Milk, Sulphites*

**Warm Homemade Chocolate Fudge Cake €8.50**

Chocolate Sauce, Vanilla Ice Cream  
*Contains Allergen: Gluten (Wheat), Traces of Peanuts, Traces of Nuts, Milk, Eggs, Soya*

**Apple & Almond Square €8.50**

Caramel Spread, Whipped Cream  
*Contains Allergen: Gluten (Wheat) Traces of Peanuts, Nuts (Almond), Milk, Sulphites*

**Selection of Ice Cream €7.50**

Gluten Free Cookie Crumb, Fruit Coulis  
*Contains Allergen: Traces of Peanuts, Traces of Nuts, Milk, Eggs, Sulphites*

**Traditional Tiramisu €8.50**

Biscotti  
*Contains Allergen: Gluten (Wheat), Milk, Traces of Peanuts, Traces of Nuts (Walnuts)*

**Coeliac Friendly Homemade Carrot Cake €8.50**

Whipped Cream, Butter Icing  
*Contains Allergen: Traces of Peanuts, Tree Nuts (Walnuts), Milk, Eggs,*

## KIDS MENU

### STARTERS

**Strawberry Yoghurt €4.50**

*Contains Allergen: Milk*

**Freshly Made Soup of the Day €4.50**

*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

**Chilled Fresh Fruit Coupe €4.50**

### MAIN COURSES

**Spaghetti with Irish Beef Bolognese €9.95**

*Contains Allergen: Gluten (Wheat), Celery, Sulphites*

**Breaded Chicken Goujons with Chips €9.95**

*Contains Allergen: Gluten (Wheat), Milk, Eggs*

**Sausages with Chips €9.95**

*Contains Allergen: Gluten (Wheat), Sulphites*

**4oz Irish Beef Burger €10.95**

*Contains Allergen: Gluten (Wheat), Milk, Eggs, Mustard, Sulphites*

**Margherita Stone Baked 6" Pizza €10.95**

*Contains Allergen: Gluten (Wheat), Milk, Celery, Sulphites*

### DESSERTS

**Ice Cream Sundae €3.95**

*Contains Allergen: Gluten (Wheat), Traces of Peanuts, Traces of Nuts, Milk, Eggs*

**Banana Split €3.95**

*Contains Allergen: Gluten (Wheat), Traces of Peanuts, Traces of Nuts, Milk, Eggs, Soya*

**Jelly & Ice Cream €3.95**

*Contains Allergen: Gluten (Wheat), Milk, Eggs*