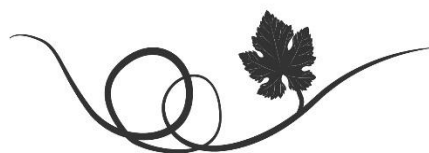


THE AARON LOUNGE



BAR MENU SERVED FROM 12:30PM-9:00PM DAILY

STARTERS

Seasonal Soup of the Day || €7.00

Served with Brown Bread Or Roll

Contains: Gluten (Wheat), Dairy, Celery, Sulphites

M. W. Chicken Caesar Salad || €14.95

Baby Gem Lettuce – Bacon – Parmesan – Garlic & Herb Croutons –
Pine Kernel's – Caesar Dressing

Contains: Gluten (Wheat), Dairy, Eggs, Fish, Mustard, Sulphites

Main Course Size Available €18.50

Chicken, Avocado & Blue Cheese Salad || €15.95

Baby Potatoes -- Baby Gem Lettuce – Smoked Bacon Lardons –
House Dressing

Contains: Dairy, Mustard, Sulphites

Seafood Chowder || €10.50

Served With Brown Bread

Contains: Gluten (Wheat), Dairy, Crustacean's, Molluscs, Fish, Celery, Sulphites

Vegan Greek Salad || €13.00

Feta Cheese – Olives – Cucumber – Heirloom Tomato – Romaine Lettuce – Red Onion – Red Peppers

Contains: Sulphites

Spicy Free Range Chicken Wings || €11.50

Double Dipped Chicken Wings – Franks Hot Sauce – Blue Cheese Dip – Celery Sticks

*Contains: Dairy, Eggs, Celery, Mustard,
Sulphites*

Main Course Size Available €18.50

DELI SELECTION

Pitta Bread with Sumac Spiced Minced Beef || €14.50

Roast Peppers – Mixed Leaves – Rainbow Slaw

Contains: Gluten (Wheat), Eggs, Mustard, Sulphites

Sweet Potato & Black Bean Patty || €13.50

Rainbow Slaw – Mixed Leaf Salad

Contains: Eggs, Mustard, Sulphites

Smoked Salmon & Leek Quiche || €15.50

Rainbow Slaw – Mixed Leaf Salad

Contains: Gluten (Wheat), Dairy, Eggs, Fish, Mustard, Sulphites

Fresh Water Prawns || €13.60

Dressed in House Sauce – Brown Soda Bread – Mixed Leaf Salad

Contains: Gluten (Wheat), Crustacean's, Eggs, Mustard, Sulphites

Goats Cheese & Heritage Beetroot Quiche || €15.50

Rainbow Slaw – Mixed Leaf Salad

Contains: Gluten (Wheat), Dairy, Eggs, Mustard, Sulphites

Heirloom Tomato & Pesto Tart || €15.50

Rainbow Slaw – Mixed Leaf Salad – Balsamic Reduction

Contains: Gluten (Wheat), Dairy, Eggs, Mustard, Sulphites

Crayfish, Beansprout & Pea Shoot Roll || €16.95

Rainbow Slaw – Mixed Leaves

Contains: Gluten (Wheat), Shellfish, Eggs, Mustard, Sulphites

BLT || €13.50

Crispy Bacon -- Lettuce – Tomato -- Side Salad -- House Chips

Contains: Gluten (Wheat), Mustard, Sulphites

Mount Wolseley Club Sandwich || €15.95

Chicken-- Crispy Bacon – Lettuce – Tomato -- Boiled egg – Mayo -- Side Salad – House Chips

Contains: Gluten (Wheat), Dairy, Eggs, Mustard, Sulphites

Smoked Salmon || €14.55

Smoked Salmon – Brown Soda Bread – Red Onion – Capers – Mixed Leaves

Contains: Gluten (Wheat), Dairy, Eggs, Mustard, Sulphites

MAIN COURSES

Chargrilled 8oz Prime Irish Rib Eye Steak || €35.50

Portobello Mushroom – Grilled Tomato – Charred Sweetcorn – Glazed
Carrot – House Chips
Peppercorn Sauce **or** Garlic Butter

Contains: Dairy, Celery, Mustard, Soya, Sulphites

Mount Wolseley Beef Burger || €21.90

2 x 4oz Irish Hereford Burgers – Flour Bap – Bacon – Dubliner
Cheddar – Dijon Mayo – Baby Gem Lettuce – Beef Tomato – House
Relish – Dill Pickle – House Chips – Side Salad

Contains: Gluten (Wheat) Dairy, Eggs, Mustard, Sulphites

Cajun Spiced Chicken Burger || €21.90

Flour Bap – Dill Pickle – Dubliner Cheddar – Marie Rose Sauce – Baby
Gem Lettuce – Beef – Tomato – House Chips – Side Salad

Contains: Gluten (Wheat), Dairy, Eggs, Mustard, Sulphites

Char Grilled Skinny Chicken Fillet|| €21.90

Rocket leaves – Capers – Pitted Olives – Sun Dried Tomatoes--
Tabbouleh

Contains: Gluten (Wheat), Mustard, Sulphites

Pan Seared Lamb Sweetbreads || €24.50

Garden Peas – Asparagus Spears – Roasted Shallots – Boulangerie
Potato

Contains: Gluten (Wheat), Celery, Sulphites,

Vegetable Red Thai Curry (V) || €18.95

Basmati & Black Wild Rice – Naan Bread

Contains: Gluten (Wheat), Sulphites

Chicken Red Thai Curry || €24.50

Basmati Rice – Naan Bread

Contains: Gluten (Wheat), Crustaceans, Sulphites

Grilled John Dory || €27.95

Smoked Bacon – Cherry Tomato – Roasted Baby Potato – Venus Clams – Samphire – Broccoli
– Vinaigrette

Contains, Fish, Mollusc, Sulphites

Grilled Mackerel Fillet || €23.95

Tomato Cerviche – Asparagus – Black Olives – Pearl Potatoes

Contains: Fish, Sulphites

SIDE ORDERS - €5.00

**House Chips Gluten
(Wheat), Fish
Dressed Side Salad
Mustard, Sulphites
Vegetables
Creamy Mash Potato
Milk**

Pizza's

Margherita Stone Baked 12" Pizza || €16.50

Rich Tomato Sauce – Mozzarella Cheese - Basil

Contains: Gluten (Wheat), Dairy, Celery, Sulphites

Spicy Pepperoni Stone Baked 12" Pizza || €17.50

Rich Tomato Sauce – Mozzarella Cheese – Spicy Pepperoni

Contains: Gluten (Wheat), Dairy, Celery, Sulphites

Cajun Chicken Stone Baked 12" Pizza || €17.50

Rich Tomato Sauce – Mozzarella – Cajun Chicken – Sweetcorn – Red Onion

Contains: Gluten (Wheat), Dairy, Celery, Sulphites

DESSERTS

Homemade Peach Cheesecake || €7.95

Peach Coulis – Whipped Cream

Contains: Gluten (Wheat), Traces of Peanuts, Traces of Tree Nuts, Dairy, Sulphites

Warm Homemade Chocolate Fudge Cake || €7.95

Chocolate Sauce – Vanilla Ice Cream

Contains: Gluten (Wheat), Traces of Peanuts, Traces Tree Nuts, Dairy, Eggs

Chilled Summer Pudding || €7.95

Homemade Custard – Whipped Cream

Contains: : Gluten (Wheat) Traces of Peanuts, Traces of Tree Nuts, Dairy

Selection Of Ice Cream || €7.50

Cookie Crumb – Fruit Coulis

Contains: Gluten (Wheat), Traces of Peanuts, Traces of Tree Nuts, Dairy, Eggs

Shortbread Raspberries || €7.95

Fresh Raspberries – Homemade Cookie

Contains: Gluten (Wheat), Dairy, Traces of Peanuts, Traces of Tree Nuts (Walnuts)

Fruit Scone || €4.50

Whipped Cream - Preserve

Contains: Gluten (Wheat), Traces of Peanuts, Traces of Tree Nuts, Dairy, Eggs, Sulphites