



MOUNT WOLSELEY  
HOTEL, SPA & GOLF RESORT

## DAY-TIME DINING

available from 10.00am - 12.30pm

### BRUNCH

<b>Homemade Jumbo Sausage Roll</b> contains: wheat, soya, sulphites	<b>€7.50</b>	<b>Warm Homemade Scone</b> plain, fruit, or raspberry & white chocolate contains: wheat, milk, egg	<b>€5.00</b>
<b>Café Gourmand</b> coffee of your choice with a selection of mini pastries contains: wheat, milk, egg, soya	<b>€8.95</b>	<b>Homemade Cinnamon Rolls</b> contains: wheat, milk, egg, sulphites	<b>€5.50</b>
<b>Breakfast Bap</b> Loughnanes sausage, bacon, fried egg contains: wheat, egg, sulphites	<b>€9.50</b>	<b>Poached Egg &amp; Smashed Avocado</b> sourdough contains: wheat, egg	<b>€12.50</b>
<b>Homemade Pancake Stack</b> crispy bacon, maple syrup contains: wheat, egg, sulphites	<b>€7.95</b>		

available from 12.30pm - 4.00pm

### SOUP & CHOWDER

<b>Chef's Daily Soup</b> Lucia's homemade brown bread contains: wheat, celery, sulphites	<b>€7.50</b>	<b>Creamy Atlantic Seafood Chowder</b> Lucia's homemade brown bread contains: wheat, milk, crustacean, mollusc, fish, celery, sulphites	<b>€11.50</b>
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### SANDWICHES

<b>Aaron Lounge BLT</b> apple-smoked bacon, lettuce, beef, tomato, sourdough, triple cut fries contains: wheat, milk, mustard, sulphites	<b>€15.50</b>	<b>Philly Steak Sandwich</b> tender beef fillet, mushrooms, onions, cheddar, toasted ciabatta, side salad, triple cut fries contains: wheat, milk, mustard, sulphites	<b>€19.95</b>
<b>North Atlantic Prawn Open Sandwich</b> Lucia's homemade brown soda bread, lemon, marie rose sauce, side salad contains: wheat, crustacean, egg, mustard, sulphite	<b>€15.95</b>	<b>Aaron Lounge Toastie</b> hand-carved ham, Hegarty's cheese, red onion, beef tomato, triple cut fries contains: wheat, milk, mustard, sulphites	<b>€11.90</b>
<b>Vegan Wrap</b> beetroot, olives, vegan feta, spinach, hummus contains: wheat, sesame, sulphites	<b>€14.95</b>	<b>Mount Wolseley Club</b> grilled chicken, maple smoked bacon, egg, tomato, toasted sourdough, triple cut fries contains: wheat, egg, mustard, sulphites	<b>€16.50</b>
<b>Grilled Chicken Beetroot Wrap</b> pine nuts, boiled egg, bacon lardon, caesar dressing contains: wheat, milk, egg, mustard, pine nuts, sulphites	<b>€14.95</b>		

### SALADS

<b>Classic Tossed Caesar Salad</b> Grilled marinated chicken, pine nuts, ciabatta crisp, streaky bacon <b>available as a main for €19.95</b> contains: wheat, egg, mustard, sulphites, pine nuts, fish	<b>€14.95</b>	<b>Superfood Salad</b> quinoa, blueberries, edamame, grapes, sunflower seeds, curly kale, feta, walnuts, yogurt dressing <b>add chicken for €16.95</b> contains: walnut, milk, mustard, sulphites	<b>€13.95</b>
<b>Step Into Spring Salad</b> baby spinach, spiced butternut squash, carrot, cashew nuts, red cabbage, cheese pearls, red apple, dijon & maple dressing <b>vegan option available</b> contains: cashew, milk, mustard, sulphites	<b>€13.95</b>		

### SOMETHING MORE

<b>Thai Red Curry Bowl</b> red curry sauce (a bold fusion of coconut, chilli and spice), tender chicken, roasted vegetables, basmati rice, naan bread, fresh coriander, squeeze of lime contains: wheat, crustacean, sulphites	<b>€24.50</b>	<b>Vegan Butternut Squash &amp; Sweet Potato Curry</b> basmati rice, naan bread contains: wheat, sulphites	<b>€22.50</b>
<b>Rib Eye Steak Irish Beef Burger</b> two 4oz patties, smoked cheese, onions, pickles, maple cured bacon, homemade sauce, beef tomato, crispy lettuce, soft toasted bun, triple cooked fries contains: wheat, milk, egg, mustard, sulphites	<b>€23.95</b>	<b>Chef's Irish Lamb Stew</b> tender Irish lamb simmered to perfection, buttery creamed potato, wilted savoy cabbage contains: milk, celery	<b>€24.50</b>
		<b>Cajun Chicken Burger</b> flour bap, melted cheddar, homemade sauce, baby gem lettuce, beef tomato, triple cooked chips, side salad contains: wheat, milk, egg, mustard, sulphites	<b>€23.95</b>

### ON THE SIDE

<b>Loaded Fries</b> bacon, cheese, chipotle mayo contains: milk, sulphites, egg, mustard	<b>€5.50</b>	<b>Triple Cooked Hand Cut Fries</b> contains: milk	<b>€4.50</b>	<b>Beer Battered Onion Rings</b> contains: milk, wheat, egg	<b>€4.50</b>
<b>Seasonal Side Salad</b> contains: mustard, sulphites	<b>€4.50</b>	<b>Butter Glazed Sugar Snap &amp; Carrots</b> contains: milk	<b>€4.50</b>	<b>Seasonal Vegetables</b> contains: milk	<b>€4.50</b>
		<b>Creamy Mashed Potato</b> contains: milk	<b>€4.50</b>		

All beef is of Irish origin