



# **Fredericks Restaurant**

## DINNER INCLUSIVE

### DESSERTS

#### **Pear Frangipane & Salted Caramel Tart**

**Salted Caramel Ice Cream, Salted Honeycomb.**

*Contains:* 1 (Wheat), 3 (Almond), 4, 7

#### **Honey Panna Cotta**

**Raspberries, Ginger Biscuit.**

*Contains:* 1 (Wheat), 4

#### **Traditional Key Lime Pie**

**Lime Ganache, Kumquat Jam.**

*Contains:* 1 (Wheat), 4, 7, 14

#### **Warm Chocolate Fudge Cake**

**Rich Chocolate Sauce, Kumquat Marmalade**

*Contains:* 1 (Wheat), 4, 7, 13, 14

#### **Selection of Ice Cream**

**Cookie Crumb, Chocolate Sauce.**

*Contains:* 1 (Wheat), 4, 7, 13, 14

# DINNER INCLUSIVE

## STARTERS

### **Traditional Tossed Caesar Salad**

**Grana Padano, Crispy Bacon, Sourdough Crouton**

Contains: 1(Wheat), 4, 7, 8, 11, 12

### **Today's Winter Warmer Soup**

**Warm Bread Selection, Lucia's Homemade Soda Bread.**

Contains: 1(Wheat), 9,

### **Pulled Beef Croquettes**

**Celeriac Puree, Pickled Shimeji Mushroom, Beetroot, Beef Jus**

Contains: 1(Wheat), 4, 7, 9, 14

### **Macroom Buffalo Mozzarella Salad**

**Heirloom Tomato, Crispy onions, Pomegranate seeds, Smoked Almonds, Basil, Pomegranate Dressing.**

Contains: 1(Wheat), 3 (Almond), 4,

## MAIN COURSE

### **Seared Chicken Supreme**

**Wild Mushrooms, Champ, Charred Leek, Baby Leeks, Creamed Leeks.**

Contains: 4, 9, 14

### **Seared Salmon Fillet**

**Purple Potato, Grilled Artichokes, Red Pepper Sauce.**

Contains: 8, 9, 14

### **Braised Beef Cheek**

**Chantaney Carrot, Crispy Kale, Pomme Puree, Beef & Cognac Jus.**

Contains: 4, 9, 14

### **Slow Cooked Leg Of Irish Lamb**

**"Tagine style" Roasted Vegetables, Creamed Potato, Tomato and Date Sauce**

Contains: 4, 9, 14

### **Wild Mushroom & Garden Herb Risotto**

**Edamame Pods, Asparagus, Parmesan Shavings**

Contains: 4, 9, 14

## SIDES

**Seasonal Selection of Potato and Vegetable €4.50**

**Triple Cooked House Fries €4.50** Contains: 1(Wheat), 4, 7

**Beer Battered Onion Rings €4.50** Contains: 1(Wheat), 4, 7

**Seasonal Side Salad €4.50** Contains: 11, 14

**Creamy Mash Potato €4.50** Contains: 4

## A LA CARTE MENU

### **STARTERS**

#### **Traditional Tossed Caesar Salad**

Grana Padano, Crispy Bacon, Pine Kernels, Sourdough Crouton **€15.95**

Contains: 1(Wheat), 4, 7, 8, 11, 12

#### **Today's Winter Warmer Soup**

Warm Bread Selection, Lucia's Homemade Soda Bread **€8.50**

Contains 1(Wheat), 9,

#### **Pulled Beef Croquettes**

Celeriac Puree, Pickled Shimeji Mushroom, Beetroot, Beef Jus **€15.95**

Contains 1(Wheat), 4, 7, 9, 14

#### **King Prawns Pil Pil**

Scallions, Cherry Tomatoes, Chorizo, Brandy & Olive Oil, Garlic Crisps  
€16.95 Supplement for Inclusive Menu **€6.95**

Contains 1(Wheat), 5, 14

#### **Duck Wing Confit**

Asian Salad, Soya and Chilli Dressing **€16.95**

Supplement for Inclusive Menu **€6.95**

Contains 1(Wheat), 9, 12, 13, 14

#### **Macroom Buffalo Mozzarella Salad**

Heirloom Tomato, Crispy Onions, Pomegranate Seeds, Smoked Almonds, Basil,  
Pomegranate Dressing **€14.95**

Contains 1(Wheat), 3 (Almond), 4,

#### **Beetroot & Gin Cured Salmon**

Macha Sponge, Lemon Gel, Caper Berries, Olive Oil Caviar, French Remoulade  
€16.50 Supplement for Inclusive Menu **€6.95**

Contains 1(Wheat), 8, 9, 14

## A LA CARTE MENU

### **MAIN COURSES**

#### **Seared Chicken Supreme**

Wild Mushrooms, Champ, Charred Leek, Baby Leeks, Creamed Leeks **€27.95**

Contains 4, 9, 14

#### **Seared Salmon Fillet**

Purple Potato, Grilled Artichokes, Red Pepper Sauce **€27.95**

Contains 8, 9, 14

#### **8oz Grilled Irish Striploin Steak,**

Onion Rings, Mushrooms, Onion Marmalade, Grilled Carrot, Pepper Cream Sauce  
**€34.95**

Supplement for Inclusive Menu **€10.50**

Contains 1(Wheat), 4, 7, 9, 11, 14

#### **Baked Monkfish,**

Smoked Bacon, Truffle Potatoes, Asparagus, White Wine & Chive Sauce **€34.95**  
Supplement for Inclusive Menu **€10.50**

Contains 4, 8, 9, 14

#### **Seared Loin of Venison,**

Dauphanoise Potato, Honey Roasted Vegetables, Parsnip Crisps, Juniper Jus  
**€36.50**

Supplement for Inclusive Menu **€10.95**

#### **Braised Beef Cheek**

Chantaney Carrot, Crispy Kale, Gratin Potato, Beef & Cognac Jus **€28.95**

Contains 4, 9, 14

#### **Slow Cooked Leg of Irish Lamb**

"Tagine Style", Roasted Vegetables, Creamed Potato, Tomato and Date Sauce  
**€27.95**

Contains 4, 9, 14

#### **Wild Mushroom & Garden Herb Risotto,**

Edamame Pods, Asparagus, Parmesan Shavings **€24.95**

Contains 4, 9, 14

### **SIDES**

**Seasonal Selection of Potato and Vegetable** **€4.50**

**Triple Cooked House Fries** **€4.50** Contains: 1(Wheat), 4, 7

**Beer Battered Onion Rings** **€4.50** Contains: 1(Wheat), 4, 7

**Seasonal Side Salad** **€4.50** Contains: 11, 14

**Creamy Mash Potato** **€4.50** Contains: 4

## A LA CARTE MENU

### **DESSERTS**

#### **Pear Frangipane & Salted Caramel Tart,**

Salted Caramel Ice Cream, Salted Honeycomb **€8.50**

Contains 1(Wheat), 3(Almond), 4, 7

#### **Honey Panna Cotta,**

Raspberries, Ginger Biscuit **€8.50**

Contains allergens 1(Wheat), 4

#### **Traditional Key Lime Pie,**

Lime Ganache, Griottes, Pickled Ginger **€8.50**

Contains allergens 1(Wheat), 4, 7, 14

#### **Warm Chocolate Fudge Cake,**

Rich Chocolate Sauce, Kumquat Marmalade **€8.50**

Contains 1(Wheat), 4, 7, 13, 14

#### **Selection of Ice Cream,**

Cookie Crumb, Chocolate Sauce **€8.50**

Contains 1(Wheat), 4, 7, 13, 14

#### **Selection of Artisan Irish Cheese,**

Grapes, Crackers, Apple Chutney **€15.00**

(Supplement for Inclusive Menu **€7.50**)

Contains 1(Wheat) 4, 9, 11, 12

## **ABOUT US**

Mount Wolseley, Tullow, Co. Carlow, was the ancestral home of Fredrick York Wolseley, who gave his name to what became one of Britain's most famous car marques. Born at golden Bridge House in Dublin, he was one of a family of seven and he emigrated to Australia when he was seventeen. The Tullow estate was the family seat from 1725 until 1925. Ironically the man, who transformed Australia's rural economy and facilitated the British motor industry, did not enjoy the fame nor fortune of many of his contemporaries. When he died, aged 62 years in 1899, his estate was valued at a modest £115.00 and for almost 90 years his grave in a south London cemetery remained unmarked. The last two cars to bear the famous Wolseley badge were produced in 1975.

The estate has been developed into a holiday resort, which includes a 18-hole Championship Golf Course (designed by Christy O'Connor Jnr), a hotel, holiday lodges, time share, residential developments, leisure facilities including sauna, steam room, swimming pool, gymnasium, beauty salon, conference rooms, tennis courts, children's playgrounds. The hotel, golf course and all the residential developments use the Wolseley name in keeping with tradition.

