



MOUNT WOLSELEY
HOTEL, SPA & GOLF RESORT

FREDERICK'S SUNDAY LUNCH MENU

STARTER

Spring Soup of The Day

Contains Allergen: Celery, Sulphites

Or

Maple Chicken Caesar Salad, Baby Gem, Croutons, Pine Kernel's, Bacon Lardons, Parmesan.

Contains Allergen: Gluten (Wheat), Milk, Egg, Fish, Mustard, Sulphites

Or

Rosette of Melon, Parma Ham, Wholegrain Mustard Dressing

Contains Allergen: Mustard, Sulphites

Or

Crispy Deep Fried Spiced Fish Cake, Asian Slaw, Pak Choi, Sweet Chilli Sauce

Contains Allergen: Gluten (Wheat), Milk, Egg, Fish, Mustard, Sulphites

MAIN COURSE

Slow Roasted Prime Irish Top Rib, Charred Shallot, Roast Potato, Yorkshire Pudding Red Wine Jus

Contains Allergen: Gluten (Wheat), Milk, Egg, Celery, Sulphites

Or

Pan Seared Supreme of Chicken, Wild Mushrooms, Curly Kale, Roast Potato, Roast Chicken Gravy

Contains Allergen: Celery, Sulphites

Or

Steamed Fillet of Salmon, Buttered Scallions, Grilled Courgette, Roast Potato, White Wine Cream Sauce

Contains Allergen: Milk, Fish, Celery, Sulphites

Or

Traditional Roasted Leg of Irish Spring Lamb, Roasted Beetroot & Parsnips, Champ Potato, Lamb Jus

Contains Allergen: Milk, Celery, Sulphites

DESSERT

Eaton Mess: Strawberries, Meringue, Cream, Strawberry Coulis

Contains Allergen: Milk, Egg, Sulphites

Or

Warm Apple & Berry Crumble with Vanilla Ice cream

Contains Allergen: Gluten (Wheat), Milk, Egg, Sulphites

Or

Selection of Artisan Ice-Creams, Cookie Crumb and Fruit Coulis

Contains Allergen: Gluten (Wheat), Milk, Egg, Sulphites

Or

Homemade Cheesecake of the Day, Mixed Berry Compote

Contains Allergen: Gluten (Wheat), Milk, Sulphites

Freshly Brewed Tea or Coffee

€39 per person

Please note that our food is prepared in an environment which is not 100% allergen free