



LEISURE CENTRE CLASSES

MONDAY	AQUA AEROBICS HYROX	10.00AM 7.30PM
TUESDAY	POWER PUMP PILATES	10.00AM 6.30PM
WEDNESDAY	HYROX AQUA AEROBICS	10.00AM 6.30PM
THURSDAY	AQUA AEROBICS POWER PUMP	10.00AM 6.30PM
FRIDAY	PILATES HYROX	9.30AM 7.30PM
SATURDAY	HYROX	10.00AM

BOOK A CLASS TODAY



059 9180108



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