

# **Brunch**

Available from 10.00am - 12.30pm

## Homemade Jumbo Sausage Roll €7.50

Contains allergen 1(wheat), 4, 7, 12, 14

#### Smoked Paprika Corn Ribs €7.95

Contains allergen 7, 11

## Breakfast Bap €9.50

Loughnanes Sausage, Bacon and Fried egg Contains allergen 1(wheat), 7, 14

#### Warm Homemade Scone €5.00

Contains allergen 1(wheat), 4, 7, 12, 14

#### Homemade Cinnamon Rolls €5.50

Plain, Fruit or Raspberry and White Chocolate. Contains allergen 1(Wheat) 4, 713.14

# Poached Egg, Smashed Avocado on Sourdough €12.50

Contains allergen (Wheat), 4, 714

## Creamy Atlantic Seafood Chowder €11.50

Served with Lucia's Homemade Brown Bread Contains allergen 1 (Wheat), 4, 5, 6, 8, 9,14

## Fresh Wholesome Soup of the Day €7.50

Served with Lucia's Homemade Brown Bread Contains allergen 1(Wheat), 9, 14

# Sandwich, Salads and Wraps

# **Available from 12.30 - 16.00pm**

### BLT on Sourdough €15.50

The classic done right — apple-smoked bacon, crisp lettuce, and beef tomato stacked between toasted sourdough slices.

Served with Triple cut Fries

#### Contains allergen 1(Wheat), 4, 11, 14

Mount Wolseley Club Sandwich €16.50 All the layers you love — grilled chicken, Maple Smoked Bacon, egg, and tomato on toasted sourdough. Simple, stacked, and

delicious.
Served with Triple cut Fries.

Contains allergen 1(Wheat), 4, 7, 11, 14

### Open Philly Steak Sandwich €19.95

All the flavour of a Philly classic — tender beef fillet, mushrooms, onions, and cheddar on toasted Ciabatta, served open with a light salad on the side.

Served with Triple cut Fries.
Contains allergen 1(Wheat), 4, 11, 14

#### Aaron Lounge Toastie €11.90

A serious upgrade on the classic — stacked with Hand-Carved Ham, Hegarty's cheese, Red Onion and Beef Tomato.

> Served with Triple cut Fries Contains allergen 1(Wheat), 4, 11,14

#### North Atlantic Prawns €15.95

Open Sandwich on Lucia's Homemade Brown Soda Bread, Lemon, Marie Rose Sauce, Side Salad Contains allergen 1(Wheat), 4, 5, 7, 11, 14

### Grilled Chicken Beetroot Wrap €14.95

Pine Kernal, Boiled Egg, Bacon Lardon, Caesar Dressing Contains allergen 1 (Wheat), 4,7, 11, 14

## Superfood Salad €13.95

Quinoa, Blueberries, Edamame, Grapes, Sunflower seeds, Feat, Curly Kale, Walnuts, Yogurt Dressing Contains allergen 2 (Walnut),4, 11, 14

# Classic Tossed Caesar Salad Small €14.95 Large €19.95

Marinated Grilled Chicken, Pine Kernal, Ciabatta Crisp, Maple Smoked Bacon.

Contains allergen 1(Wheat), 7, 11, 14

# Mains Available from 12.30 to 4pm

Thai Red Curry Bowl €24.50

A bold fusion of coconut, chili, and spice — red curry sauce over tender chicken, roasted vegetables, and fragrant jasmine rice.

Topped with fresh Coriander and a squeeze of lime for a bright finish.

Contains allergen 1(Wheat), 5, 14

#### Double Stack 4oz Irish Beef Burger €23.95

Twice the beef, twice the flavour! Two patties with melty smoked cheese, onions, pickles, Maple Cured bacon, and our homemade sauce, all packed into a soft toasted bun with Beef Tomato and Crispy Lettuce. Served with Triple cooked fries

Contains allergen 1(Wheat), 4, 7, 11, 14

#### Chef's Irish Lamb Stew €24.50

Passed down through generations — tender Irish lamb simmered to perfection, served with buttery creamed potato and wilted savoy cabbage. A true taste of home.

Contains allergen 4, 9

#### **Side Dishes**

Loaded Fries, Bacon, Cheese and Chipotle Mayo €5.50 Contains allergen 4, 14

Triple Cooked Hand Cut Fries €4.50

Beer Battered Onion Rings €4.50 Contains allergen 1(Wheat), 4, 7

> Seasonal Side Salad €4.50 Contains allergen 11, 14

Butter Glazed Sugar Snap and Carrots €4.50 Contains allergen 4,

Creamy Mashed Potato €4.50
Contains allergen 4

Honey Roasted Winter Roast Vegetables €4.50

# **Evening Menu**

#### Available from 4pm to 9pm

#### Homemade Soup of the Moment €7.50

Fresh Bread Roll

Contains allergen 1(Wheat), 9, 14

#### Classic Tossed Caesar Salad €14.95 / €19.95

Grilled Marinated Chicken, Pine Kernal, Ciabatta Crisp, Streaky Bacon

Contains allergen 1(Wheat), 7, 11, 14

#### Chicken Wings €12.95 / €17.95

Your choice of Home BBQ sauce or Franks Hot Sauce ... Be careful

Contains allergen 4, 7, 11, 14 (BBQ sauce: 1(Wheat), 13

#### Traditional Prawn Cocktail €15.95 / €25.95

Marie Rose Sauce, Homemade Brown Bread Contains allergen 1(Wheat), 4, 5, 7, 11, 14

#### Deep Fried Calamari €15.95 / €22.95 / Add Chips €25.95

Lime & Caper Mayo, Shredded Scallions, Lemon Contains allergen 1(Wheat), 4, 5, 6, 7, 11, 14

## Superfood Salad €13.95 / Add Chicken €16.95

Quinoa, Blueberries, Edamame, Grapes, Sunflower seeds, Feta, Curly Kale, Walnuts, Yogurt Dressing

Contains allergen 2(Walnut), 4, 11, 14

#### Winter Warmer Salad €13.95

Baby Spinach, Spiced Butternut Squash, Cashew Nuts, Red Cabbage, Carrot, Cheese Pearls, Red Apple, Dijon & Maple Dressing

Contains allergen 3(Cashew), 4, 11, 14

## Baked Aged Goats Cheese €13.95

Toasted Crouton, Chilli Flakes, Mango Coulis, Spinach Leaves

Contains allergen 1(Wheat), 4, 11, 1

#### **MAINS**

#### Thai Red Curry Bowl €24.50

A bold fusion of coconut, chili, and spice — red curry sauce over tender chicken, roasted vegetables, and fragrant jasmine rice. Topped with fresh Coriander and a squeeze of lime for a bright finish.

Contains allergen 1(Wheat), 5, 14

#### Double Stack 4oz Irish Beef Burger €23.95

Twice the beef, twice the flavour! Two patties with melty smoked cheese, onions, pickles, Maple Cured bacon, and our homemade sauce, all packed into a soft toasted bun with Beef Tomato and Crispy Lettuce. Served with Triple cooked fries

Contains allergen 1(Wheat), 4, 7, 11, 14

#### Chimichurri Chicken Burger €23.95

Flour Bap, Melted Cheddar, House Sauce, Baby Gem Lettuce, Beef Tomato, Triple cooked Chips, Side Salad Contains allergen 1(Wheat), 4, 7, 11, 14

#### Baked Cod €27.00

Flaky oven-baked Cod, Seasoned Rooster Potato Wedges, Smashed Peas Homemade Tartare Sauce Contains allergen 7, 8, 11, 14

## Crispy Breaded Chicken Supreme €26.95

Our take on a retro classic - Crispy Chicken breast with corn ribs and smokey bacon, served with a rich Chicken

Jus

Contains allergen 1(Wheat), 4, 7, 9, 14

# Vegan Butternut Squash and Sweet Potato Curry €22.50

Served with Basmati Rice and Naan Bread Contains allergen 1(Wheat), 14

#### Chef's Irish Lamb Stew €24.50

Tender Irish lamb simmered to perfection, served with buttery creamed potato and wilted savoy cabbage.

Contains allergen 4, 9

## **MAINS**

# Chargrilled 8oz Prime Irish Sirloin Steak €35.50

Flat Cap Mushroom, Beer Battered Onion Rings, Triple cooked Chips. Peppercorn sauce or Garlic Butter

Contains allergen 1(Wheat), 4, 7, 9, 11, 14

# Fresh Egg Garganelli Pasta €23.95

Chorizo Arrabbiata Sauce, Grated Grana Padano Contains allergen 1(Wheat), 4, 7, 14



#### **HOMEMADE PASTRIES**

Lucia Stilo our talented pastry chef brings a taste of Italy to our kitchen, drawing on her classical training in Italian cuisine to craft a selection of irresistible homemade pastries and sweet treats all made in house.

#### Chocolate Éclair €8.50

Light choux pastry filled with rich chocolate cream, served with a scoop of white chocolate ice cream. A classic indulgence with a creamy twist

Contains allergen 1(Wheat), 4, 7, 13, 14 Traditional Italian Zesty Lemon Crostata €8.50

Contains allergen 1(Wheat),4, 7, 14

# Butternut Squash Sticky Toffee Pudding with vanilla ice cream €8.50

A zesty, creamy lime filling nestled in a buttery biscuit crust, topped with whipped cream and a hint of citrus zest. Sweet, sharp, and refreshingly indulgent.

Contains allergen 1(Wheat), 4, 7, 13, 14

## Homemade Baileys & Brownie Tiramisu €8.50

Layers of rich brownie whipped mascarpone, and a splash of Baileys — our twist on the classic tiramisu, indulgent and unforgettable.

Contains allergen 4, 7, 13, 14

#### Weekly Ice Cream Sundae Special €8.50

A playful twist on the classic — layers of creamy Boulaban Irish ice cream, rich homemade sauce, crunchy toppings, with a surprise flavour of the week. Ask your server for this week's creation!

Contains 4, 7, 13, 14

## Selection of Irish Artisan Cheeses €15.00

Contains allergen 1(Wheat), 4, 9, 11, 12,