

Sample Lunch Menu 2025

Starters

Seasonal Soup of the Day

Served with Brown Bread or Roll

Contains: 1 (Wheat), 4, 9, 14

Or

Chicken Caesar Salad,

Baby Gem, Croutons, Pine Kernels, Smoked Bacon, Boiled Egg

Contains: (1 (Wheat), 7, 14)

Or

Goats Cheese Crottin,

Herb Crouton, Julienne of Vegetables, Mixed Leaves, Basil Oil

Contains: (1 (Wheat), 4, 14)

Main Course

Slow Roasted Short Rib of Irish Beef,

Charred Shallot, Carrot Puree, Roast Potato, Red Wine Jus

Contains: (4, 9, 14)

Or

Pan Seared Supreme of Chicken,

Wild Mushrooms, Chantenay Carrot, Kale, Roast Potato, Roast Chicken Gravy

Contains: (4, 9, 14)

Or

Steamed Fillet of Hake,

Buttered Scallions, Grilled Courgettes, Roast Potato, White Wine Cream Sauce

Contains: (4, 8, 9, 14)

Or

Chef's Vegetarian/Vegan Option

All main courses are accompanied with Seasonal Vegetables & Baby Boiled Potatoes

Desserts

Strawberry Meringue,

Chantilly Cream, Strawberry Coulis

Contains: (4, 7, 14)

Or

Warm Apple & Berry Crumble,

with Vanilla Ice cream

Contains: (1 (Wheat) 4, 14)

Or

Selection of Artisan Ice-Cream,

Cookie Crumb and Fruit Coulis

Contains: (1 (Wheat) 4, 14)

Allergens

1 Cereals containing Gluten (specified) 2 Peanuts 3 Tree nuts (specified) 4 Milk 5 Crustacean's 6 Molluscs 7 Eggs
8 Fish 9 Celery 10 Lupin 11 Mustard 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide

Please note that our food is prepared in an environment which is not 100% allergen free